



US Airways Magazine
Pure Pleasure

Getting fit never felt so darn good. Pure Kauai, a premier resort on the oldest- and according to many, the most beautiful- Hawaiian island, has introduced a luxurious spa regimen designed to help you lose weight, tone muscles, and boost your overall sense of well-being. Who wouldn't feel well in an orchid- draped villa where you're greeted with chilled, lavender-scented face cloths, given a foot massage, and assigned a personal trainer before being whisked away for even more pampering?

During the week long Adventure Boot Camp, hike the rainforests with a friendly naturalist guide, learn how to surf (you might even spot a humpback whale), and tackle a yoga or weight-training regimen, or both. At day's end, reward yourself with sumptuous fare- again, prepared to specific body type- such as coconut Mahi Mahi cooked in a banana leaf or Prawn Djawa in Asian ginger pesto.

You'll be in good company, by the way- Pure Kauai claims a healthy roster of Hollywood celebs, including actress Jennifer Garner and U2 frontman Bono.

Rates for the inclusive, five night Adventure Boot Camp start at \$2175 per person. All accommodations, from beach bungalows to grand luxury estates, are private. Go on the Web to purekauai.com or call 866.457.7873.